



Dilation

Dilation is a diagnostic procedure to evaluate the back of the eyes by dilating (opening) the pupils. The doctor highly recommends dilation as part of the comprehensive eye exam to provide the highest level of eye care for all patients. Dilation is best combined with digital retinal photography to thoroughly evaluate and permanently record the eye health. Dilation is also recommended in children whose cooperation is limited during the eye exam.

The dilation procedure consists of using eye drops to open the pupils; side effects for most patients are light sensitivity and blurred vision (especially at near), and usually lasts about 4-6 hours. We highly recommend that you have someone drive for you when you have your eyes dilated. If you experience any of the symptoms after dilation, seek immediate medical attention: redness, painful eyes, blurry or steamy vision, nausea, or headache.

There is no additional charge for dilation; dilation is included in the cost of the comprehensive examination.

YES, I wish to have my eyes dilated

NO, I do not wish to have my eyes dilated and assume all the responsibilities/consequences of having my eyes examined without dilation. I was informed of the benefits/side effects of dilation, and I understand that by refusing to do the procedure, I understand that my eye health evaluation is incomplete as my optometrist cannot properly and thoroughly evaluate the health of my eyes.

Retinal Imaging/Optomap

We are proud to introduce the latest in retinal imaging, the Optomap. It is painless, quick, and is the doctor's preferred method at looking at the health of the back of your eye. This instrument will enhance our ability to detect and monitor retinal defects associated with common systemic diseases such as high blood pressure/hypertension, diabetes, high cholesterol and thyroid problems. Through this digital imaging of the retina we can observe early changes in the eye relating to glaucoma, and macular degeneration. This technology is now our new standard of care.

By the time you have symptoms affecting your vision, it may be too late to prevent permanent sight damage. We care about your vision and want to be sure we actively monitor your eye; the Optomap retinal image is the best way we do this.

There is a nominal fee of \$39 to perform this procedure.

YES, I wish to have my eyes imaged using Optomap

NO, I do not wish to have my eyes imaged using Optomap

Print Name: _____

Signature of Patient or Parent/Guardian: _____ **Date:** _____